

The Best Spas For A Weekend (Or Year) Of Rest And Relaxation

— *Treat yourself!*

Deep breath in. Now, deep breath out. Are you ready for the ultimate weekend, month, week, or year getaway that will reset your mind, body, and spirit? Well, you've come to the right place. There is no denying that the ongoing pandemic has been hard on everyone. So it's time to pause and visit one of these *ELLE*-approved, world-renowned spas. (Because, let's be real, you deserve it.) Whether you're looking for an intense detox boot camp or wine alongside your massage, we've got something for everyone on this dream list. Enjoy that well-deserved R&R!

The Ranch Malibu in Malibu, Calif.



Unless you've been living under a healing rock, you've heard of The Ranch Malibu. The spa features a no-nonsense luxury boot camp-type adventure that only allows 25 guests a week to experience the space. Like camp growing up, no cellphones, coffee, emails, or soda are allowed. (Detox, people!) Your days will be filled with reflecting, hiking, getting massages, and eating nourishing food. If you're looking for that change-your-life spa, this might just be it!

The one thing you can't miss: You've only got one option here at the retreat, but if you'd like to opt for something more private, you can request a personalized visit.

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