

TRAVEL + LEISURE

the
best

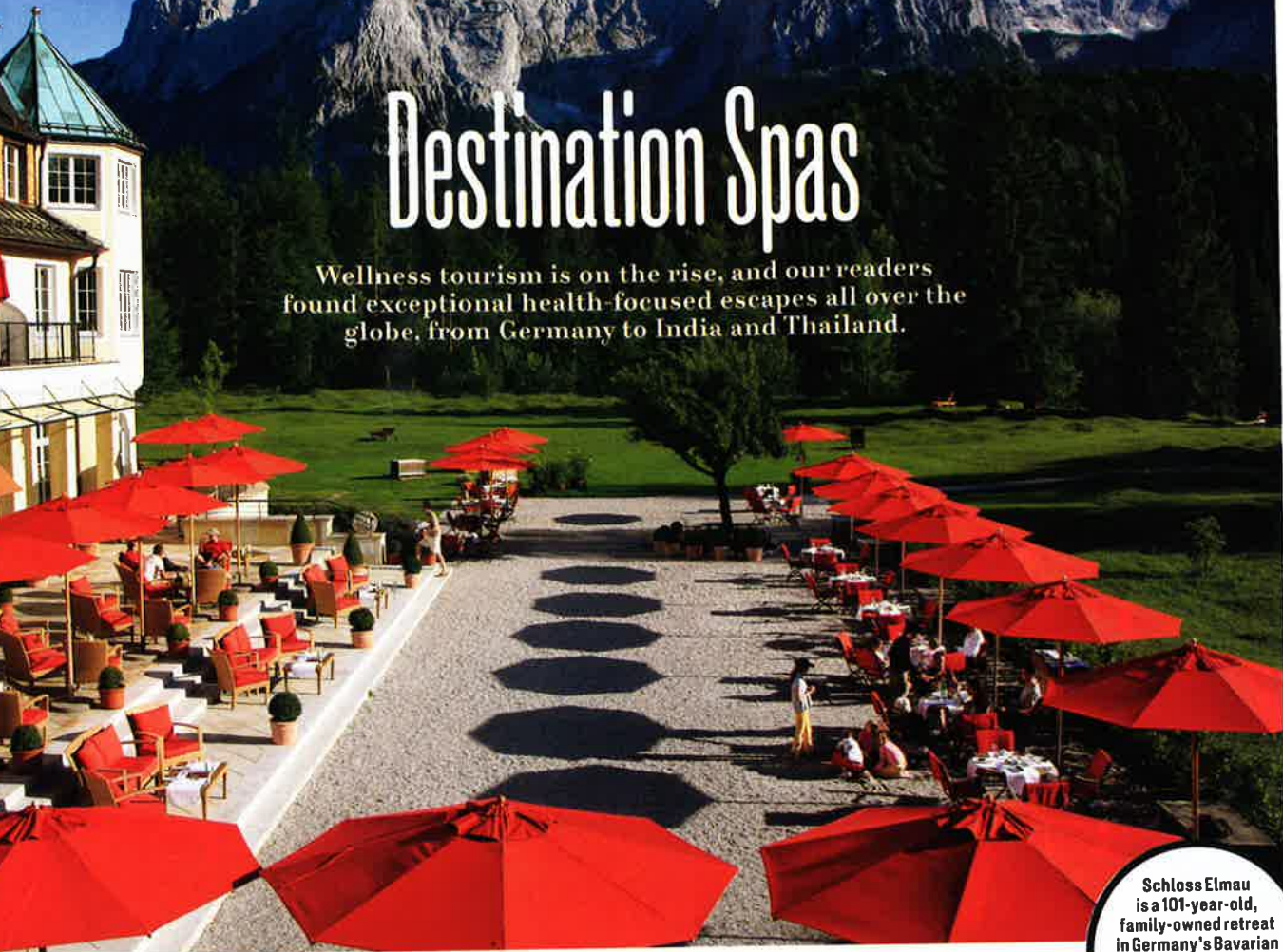
HOTELS
CITIES
ISLANDS
CRUISES
AIRLINES

in
the
world



Destination Spas

Wellness tourism is on the rise, and our readers found exceptional health-focused escapes all over the globe, from Germany to India and Thailand.



Schloss Elmau is a 101-year-old, family-owned retreat in Germany's Bavarian Alps that offers several spas, including one dedicated to Chinese medicine.

TOP 10 Domestic Spas

- 1 **Westglow Resort & Spa Blowing Rock, North Carolina** 93.71
- 2 **New Life Hiking Spa** Killington, Vermont 93.59
- 3 **Sunrise Springs Resort & Spa** Santa Fe, New Mexico 93.42
- 4 **Ojo Caliente Mineral Springs Resort & Spa** Ojo Caliente, New Mexico 92.72
- 5 **Lake Austin Spa Resort** Austin, Texas 91.56
- 6 **Cal-a-Vie Health Spa** Vista, California 90.94
- 7 **The Ranch** Malibu, California 90.93
- 8 **Mii Amo Spa** Sedona, Arizona 90.87
- 9 **Canyon Ranch in Lenox** Lenox, Massachusetts 90.54
- 10 **Lodge at Woodloch** Hawley, Pennsylvania 90.27



READERS SAY...
"At Schloss Elmau, all is extraordinary: delicate food in five-star restaurants, swimming, yoga, sports, spa treatments in wonderful locations, and cultural programming."

TOP 10 International Spas

- 1 **Schloss Elmau Luxury Spa Retreat & Cultural Hideaway** Elmau, Germany 97.69
- 2 **Rancho La Puerta** Tecate, Mexico 95.64
- 3 **Mountain Trek** Ainsworth Hot Springs, British Columbia 95.36
- 4 **BodyHoliday** St. Lucia 93.98
- 5 **Fonteverde** San Casciano dei Bagni, Italy 93.88
- 6 **Ananda in the Himalayas** Uttarakhand, India 93.73
- 7 **Chiva-Som** Hua Hin, Thailand 93.33
- 8 **Les Prés d'Eugénie-Michel Guérard** Eugénie-les-Bains, France 92.57
- 9 **Les Sources de Caudalie** Bordeaux-Martillac, France 91.43
- 10 **Kamalaya** Koh Samui, Thailand 91.20